

Dear Trip Leader,

Thank you for your interest in rafting the beautiful Nantahala River with us.

At ADVENTUROUS FAST RIVERS RAFTING outdoor adventure is our passion and sharing it is our dream. Its 2 owners, Steven & Sue Matz, and several seasonal employees who all share the passion and love for the outdoors are committed to providing you with a positive white-water experience. Our competitive edge is our position on customer service allowing us to continue to build a business that is based on long-standing relationships with satisfied customers.

We are pleased to help make your job as "group leader" as easy as possible. We have put together this information packet to help organize and inform your group. The packet includes what we offer, our rate sheet, a group leader's check list, a sign up sheet, a liability waiver (please have everyone sign an individual form prior to arrival - if your group has 2 people then you will have 2 forms. If it has 25 people then you will have 25 forms, etc.), directions, and answers to our most asked questions.

We know it is a lot of information, but it will all help to better prepare you and your group for your white-water fun.

If you have any further questions, please do not hesitate to call us. We are here to help make your adventure a success.

Thanks again and we look forward to seeing you on the river with us!

Sincerely,

Steven & Sue Matz
Adventurous Fast Rivers Rafting
14690 Highway 19 West
Nantahala Gorge
Bryson City, NC 28713
1-800-GET-RAFT (438-7238)
828-488-2386
www.white-water.com
rafting@white-water.com



WELCOME TO ADVENTUROUS FAST RIVERS RAFTING!

Thank you for choosing Adventurous Fast Rivers Rafting. We have set aside a spot just for you, whether you're a rugged white-water veteran or a beginner enthusiast who has never rafted before. Specializing in river experiences ranging from a family outing to a high performance adventure, we offer group discounts, guided or unguided rafting trips, funyaks "duckies", sit-on-top kayaks, inflatable canoes, kayak instruction, river photos, a great T-shirt shop and much more! For our rafters, a guided trip may be your preference and we are pleased to set you up with the best guides on the river. Or if you choose, you may prefer to allow your family or group the excitement of guiding your own rafts. We will stand by our policy to do all we can to help your group understand the "how-to's" for enjoying the river with a guide or on your own. In short, our company is geared to give you personal and knowledgeable service allowing you a wonderful, memorable trip down the Nantahala (nan-tuh-hay-luh) River!

In the heart of the Nantahala National Forest, the Nantahala River is a family friendly, nationally recognized river of recreation. The most popular in the Southeast, it is one of the oldest rivers in the world and gets its name from an Indian word meaning, "Land of the noonday sun". It is a Class II-III dam-controlled river pulling its water from the bottom of Nantahala Lake. The water is released from a dam about 15 miles upstream and pulled from approximately 250 feet in depth, and released daily. Since the water does not see sunlight until its release, it ranges from 48-50° year around. The pristine, crystal-clear mountain water then runs its course through the Nantahala River emptying into Fontana Lake.

March through October, your adventure begins at the Adventurous Fast Rivers Rafting outpost on the banks of the Nantahala River, in the Nantahala Gorge, 14 ½ miles West of Bryson City, North Carolina on Highway 74. After checking in at the store counter, you'll get fully equipped, receive personal instruction, and be shuttled 7 miles upstream to the put-in where your white-water fun will begin.

On the area's most scenic terrain, you will experience over 20 named rapids, including "Quarry", "Whirlpool", and "Lesser Wesser". There are plenty of waves to crash through and several calm water opportunities to simply enjoy the natural beauty and wonders of the Nantahala River and the Great Smoky Mountains.

Come & Enjoy the Fun ... Adventurous Fast Rivers Rafting
1-800-GET-RAFT (438-7238)
Quality Service and Economical Pricing is our Specialty!

WHAT WE OFFER

INSTRUCTION - Undoubtedly THE BEST! Our instructors personally teach your group how to have the safest trip and the most fun. In a beautiful wooded instruction area, along side the river, the instructors teach raft handling and crew coordinating to help you understand how to make the raft easier to control. They use a painted picture of the river while describing the best routes to take through the most difficult rapids. And of course, they answer all of your questions. Our ideal location, directly on the Nantahala River, gives your group the benefit of stopping for additional instruction specific to the rest of the river (the grand finale). This has proven to be very helpful in facilitating a safer and more enjoyable run down the most challenging stretch. This also allows us to set a pickup time, eliminating any long waits at the take out.

TRIP TIMES - For your convenience, we try to run trips each hour. HOWEVER, **please call for trip times** as they may change depending on the time of year and the river's dam release schedule. **HOURS OF OPERATION:** We are open March through Memorial Day by reservation. Memorial Day through Labor Day: 7 days a week. After Labor Day through mid-October reservations are required during the week.

TRIP DETAILS - 8.5 Mile Trip: After full instruction, we shuttle you to the very top of the river (15-minute ride) and you put in at the Nantahala Power Plant. On your way down the river, you'll stop in at our Outpost for your "Falls" instruction, a snack &/or restroom break, maybe even a BBQ, Pizza or Picnic Lunch (mid-trip lunch breaks on the less busy days only, please). Then back on the river you go for the grand finale of your trip - Nantahala Wesser Falls. We shuttle you from the take-out back to our Outpost (only minutes away) where your dry, warm clothes await you. Trip time approximately 3 ½ hours. Our river front location allows you or any member of your group to take out at our outpost eliminating the "Falls". Some customers enjoy this shorter ride giving you a trip time of approximately 2 hours.

RAFTS - We offer a huge selection of different sized crafts with various performance levels, 1 man to 9 man carrying capacity.

Traditional Rafts: Also known as "Bucket Boats", have a carrying capacity of 5-6 people maximum. Your group does the bailing of the water in these rafts, but a lot of groups find that to be a fun part of the rafting experience.

Self-Bailing Rafts: These rafts have inflated floors that do the bailing for you (no dumping after each rapid). They allow more carrying capacity for those groups of more than 5-6 wanting to all be in one raft. An additional \$2/person.

Pumas & Super Pumas: Some of our hottest handling self-bailing rafts with streamlined shape for 2 to 6 rafters.

Funyaks/Duckies: 1 or 2 man inflatable self-bailing kayaks. **Hi-Performance models also available!** Really Responsive!

Sit-on-top Kayaks: Made of hard plastic, paddler sits on top instead of down inside. A great and challenging introduction to kayaking. (Perception Torrent Sit-On-Top Kayaks)

Soar Inflatable Canoes: 1 or 2 man inflatable self-bailing canoes. Handles much like a traditional hard canoe.

GUIDES - We hire only the BEST! By advance reservation at an additional \$7 per person for a guide-assisted trip or \$12 per person for a guided trip (minimum \$50 per guide), we offer privately guided trips. That means your guide is responsible for your group ONLY. Our guides are First Aid and CPR certified with experience and knowledge of the river, as well as meeting all U.S.F.S. requirements.

WARM GEAR - Quality Eddie Bauer Gortex & NRS paddling jackets (\$5), Farmer John wetsuits (\$10), and high-top zippered neoprene booties (\$5) are available for individual rental or all 3 for only \$12.50. Appeals to warm and cold-natured folks keeping them warm & comfortable.

MEALS - Roper's Real Pit BBQ offers priority service to Fast Rivers customers when arranged through us in advance. Or bring your own picnic to enjoy here beside the river before or after your trip. *But don't forget the charcoal if you wish to use one of our park-style grills!*

CHANGING ROOMS & REST ROOMS - To accommodate you before and after the trip.

"CUTE LITTLE SHOP" - Offering souvenir Photos, T-shirts, sweatshirts, hats, swim shorts, sunglasses, sunscreen, various souvenirs, water proof cameras, snacks, drinks, or any last minute items you may have forgotten.

NO ALCOHOL OR DRUGS - No one appearing under the influence is permitted on the river. NO REFUNDS

ANSWERS TO OUR MOST ASKED QUESTIONS

1. WHAT DO WE WEAR AND WHAT ELSE SHOULD WE BRING?

In warmer months, a bathing suit, t-shirt and shorts is usually fine with a pair of appropriate shoes you don't mind getting wet. You must wear secure shoes that are attached and won't come off if you fall out of the raft (no slip-ons, flip-flops or barefeet). In the cooler months, you could bring wool socks and/or sweater, fleece, Thermax, Polartec, Capilene or a wetsuit. Wet cotton acts like a refrigerator and therefore is the last thing you want on a cooler day. We have warm gear available for rent, if needed. Other things you may want to bring: hat, eyeglass holder, sunscreen, towel & change of clothes.

2. WHAT IF IT RAINS?

We go Rain or Shine. You'll get wet anyway! It's been several years since it stormed so bad we had to cancel trips. It is always a good idea to throw in your rain jacket just in case, or we have rentals available.

3. HOW COLD IS THE RIVER?

The Nantahala River is a dam-controlled river. The water is being pulled from the bottom of Lake Nantahala. The temperature is 48-50° year around.

4. DO WE NEED A GUIDE?

It is a personal preference. Class III rapids are typically the hardest you can go on without a guide. Most of our customers enjoy it on their own; however, several prefer a guided trip. (Forest Service regulations do not require a guide to be in every raft for guided trips.) We are happy to reserve what makes you most comfortable.

5. IS IT SAFE?

Statistically your drive here is more dangerous than rafting down the Nantahala. We provide you with thorough instruction, safety equipment and the best possible service we can. Adventurous Fast Rivers Rafting has an excellent safety record, but rafting like all outdoor activities comes with some risk. A signed acknowledgment of risk and liability release is a prerequisite to rafting with any company.

6. WHERE DO WE GO ON THE RIVER & WHAT CAN WE BRING IN THE RAFT?

Our staff will instruct your group on what to look for and avoid when going down river. Forest Service regulations prevent coolers, snacks or drinks on the river. Too many times it ends up as river trash. If you have been drinking alcohol you risk a fine, as well as not being permitted to raft.

7. HOW DO WE GET BACK TO FAST RIVERS RAFTING CENTER?

We shuttle you to the put-in (15-minute ride), as well as shuttle you back from the take-out (3-5 minute ride).

8. DO WE HAVE TO PADDLE?

YES! This is a team effort, the better you paddle together the more control you have over the raft. To ensure that everyone has the most fun, you will need to paddle to navigate the best routes and to avoid rocks.

9. HOW OLD DO CHILDREN HAVE TO BE?

Adventurous Fast Rivers Rafting is permitted by the United States Forest Service. Their regulations require a child to weigh at least 60 pounds or be 7 years of age to raft on the Nantahala River. Their regulations are for your child's safety and are strictly enforced.

10. CAN WE BRING OUR DOG?

In the interest of everyone's safety, animals are not permitted in the rafts. Sorry, neither can we allow pets to be left unattended. There are several good kennels located near-by that board animals for the day. We're happy to put you in touch with them. (Rippling Waters: 828-488-2091)

11. HOW DEEP IS THE RIVER?

The Nantahala River varies in depth from 10 inches to over 10 feet deep in places. Our instructors will explain why the shallow sections are by far more dangerous.

12. WILL OUR GROUP BE IN A RAFT WITH ANOTHER GROUP?

No. You raft with the group you come with. We have different sized crafts to accommodate all group sizes. At times we can combine small guided groups but only at the request of all parties involved.

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Group Leader's Check List

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- Call Adventurous Fast Rivers Rafting and reserve a date, time, and approximate number of rafters in your group. Credit card commitment due in order to hold reservation.
- Post Sign-up sheet with a deadline for sign-ups.
- Collect full amount of money from everyone who signed up. This makes them accountable for their own spot on the trip.
- Collect permission forms from parents, if applicable.
- Call Fast Rivers with any adjustments to the group size.
- More than 14 days prior to trip, double check with everyone who signed up, and call Fast Rivers with any cancellations for a 100% refund.
- More than 7 days prior to trip, check with everyone again, and call Fast Rivers with any cancellations for a 50% refund.
- At anytime prior to trip date, call Fast Rivers with additional reservations.
- Have everyone rafting sign the liability waiver before day of trip.
- Present all liability waivers, permission forms, & payment in full to Fast Rivers.

TIPS:

*Have everyone pay you in full when they sign up. For Group Discounts to apply, you will need to make one group payment to Fast Rivers. Anyone paying individually will be charged the individual rate.

*Do not make a reservation for anyone who doesn't give you his or her money. This takes the financial commitment off of you, the leader.

*Call Fast Rivers even if one person wants to cancel prior to the cancellation deadline.

*If cancellation deadline has passed to receive a refund, the person wanting to cancel should find a replacement. This should not be the group leader's responsibility. Remember, all reserved spots will be charged.

* If your group number changes, you will be charged the rate per person in that discount bracket. This rate may be different than the one originally quoted.

*If possible, plan your trip on a day other than Saturday. The river tends to be less crowded Sunday - Friday.

ADVENTUROUS FAST RIVERS RAFTING – DIRECTIONS
1-800-GET-RAFT (438-7238)

Please be aware that GPS systems & MapQuest have proven time and again to get customers lost when in the direct area so please cross-reference our written directions. GPS coordinates: N35.33519, W083.61675, Elevation 1776

FROM ASHEVILLE, NC: Take I-40 West approximately 20 miles to Exit 27 (Highway 19/23/74 W toward Cherokee/Bryson City/Maggie Valley). This is the Great Smoky Expressway. Stay on this 4-lane road. DO NOT EXIT. You will have to bear left twice. Go past the Waynesville, Sylva, Cherokee, and Bryson City exits. About 8 miles past the Bryson City exits, the 4-lane turns into a 2-lane. Once it turns into a 2-lane road continue another 5 ½ miles (approximately) toward Murphy (still on Hwy. 74). Adventurous Fast Rivers Rafting is on the right side of the road along the river. (You will be driving along side the river for about 1.5 miles before you see our outpost.) Look for the Adventurous Fast Rivers Rafting sign that looks like our water splat logo.

FROM ATLANTA, GA: Take I-575 which will become Highway 5/Highway 515. Stay on Highway 515. Continue for 81 miles. Just past Blue Ridge take a left onto Highway 60 (at the light). Follow for 3 miles into Mineral Bluff. Take a right onto Spur 60, which will take you over the GA/NC state line (14 miles). This road will dead-end at a stop sign. Turn right toward Murphy, NC. Follow 74 East approximately 42 miles to Adventurous Fast Rivers Rafting. We are on the left side of the road along the river just past the Pizza & BBQ restaurants. Look for the Adventurous Fast Rivers Rafting sign that looks like our water splat logo.

FROM CASHIERS, NC: Take 107 North which will turn into 23. Continue through Sylva and Dillsboro. At 441 go North (right turn). 441 will intersect with 74 West. Stay on 74 West. About 8 miles past the Bryson City exits (do not exit), the 4-lane turns into a 2-lane. Once it turns into a 2-lane road continue another 5 ½ miles (approximately) toward Murphy (still on Hwy. 74W). Adventurous Fast Rivers Rafting is on the right side of the road along the river. (You will be driving along side the river for about 1.5 miles before you see our outpost.) Look for the Adventurous Fast Rivers Rafting sign that looks like our water splat logo.

FROM CHATTANOOGA, TN: Out of Chattanooga take I-75 North to Highway 64 East. Stay on highway 64/74 past the Ocoee River and into North Carolina. Continue on 74 East, you will pass through Murphy and Andrews. Just outside of Andrews, U.S. Highway 74/19 will narrow into a 2-lane highway and proceed into the Nantahala Gorge. From this point continue approximately another 15 miles to Adventurous Fast Rivers Rafting. We are on the left side of the road along the river just past the Pizza & BBQ restaurants. Look for the Adventurous Fast Rivers Rafting sign that looks like our water splat logo.

FROM CHEROKEE, NC: Take 441 South 5 miles to Highway 74 West toward Bryson City (do not follow 19). About 8 miles past the Bryson City exits (do not exit), the 4-lane turns into a 2-lane. Once it turns into a 2-lane road continue another 5 ½ miles (approximately) toward Murphy (still on Hwy. 74). Adventurous Fast Rivers Rafting is on the right side of the road along the river. (You will be driving along side the river for about 1.5 miles before you see our outpost.) Look for the Adventurous Fast Rivers Rafting sign that looks like our water splat logo.

FROM GAINESVILLE, GA: Take I-985/365 which changes to Highway 441 North to Franklin, NC. Turn right onto 441 by-pass and follow it to Dillsboro. Continue on 441 North which will merge with 74 West. Stay on 74 West. About 8 miles past the Bryson City exits (do not exit), the 4-lane turns into a 2-lane. Once it turns into a 2-lane road continue another 5 ½ miles (approximately) toward Murphy (still on Hwy. 74W). Adventurous Fast Rivers Rafting is on the right side of the road along the river. (You will be driving along side the river for about 1.5 miles before you see our outpost.) Look for the Adventurous Fast Rivers Rafting sign that looks like our water splat logo.

FROM GATLINBURG, TN: Follow 321 West 3 miles to 441 South. Take 441 South toward Cherokee, NC (35 miles-through the Great Smoky Mountains-very scenic) and beyond for an additional 5 miles to Highway 74 West toward Bryson City (do not follow 19). Follow directions from Cherokee, NC (see above).

FROM GREENVILLE, SC: Take I-26 to Asheville. Get on I-40 West and follow directions from Asheville (see above).

FROM KNOXVILLE, TN: Take I-40 East toward Asheville, NC. Follow directions from Asheville (see above). ALTERNATIVELY, take Highway 129 South past the Knoxville Airport. Continue on Hwy. 129 South into North Carolina, past Lake Santelaha and the upper Fontana Dam. (This is an extremely curvy road). Stay on Hwy. 129 through the town of Robbinsville. Continue another 12 miles until this highway dead ends into Highway 19/74. Turn left onto Hwy. 19/74 East. Continue approximately 9 miles. Adventurous Fast Rivers Rafting is on the left side of the road along the river just past the Pizza & BBQ restaurants. Look for the Adventurous Fast Rivers Rafting sign that looks like our water splat logo.

City	Miles	Time
Asheville, NC	81	1 ¼ hours
Atlanta, GA	150	2 ½ hours
Bryson City, NC	14	15 minutes
Cashiers, NC	51	1 hour, 45 minutes
Chattanooga, TN	150	2 ½ hours
Chattooga River	70	1 ½ hours
Cherokee, NC	25	20-25 minutes
Fontana Dam, NC	31	30 minutes
Franklin, NC	31	45 minutes
Gatlinburg, TN	81	1 ½ to 2 hours
Knoxville, TN	100	2 hours
Maggie Valley, NC	35	45 minutes
Ocoee River, TN	80	1 hour, 15 minutes
Sylva, NC	35	35 minutes



Adventurous Fast Rivers Rafting Company

14690 Nantahala River Gorge 19 West – Bryson City, NC 28713 (828) 488-2386

www.white-water.com 1-800-GET-RAFT rafting@white-water.com

Whitewater Thrills – Choose your own adventure on the beautiful Nantahala River at these great prices!

Also, take advantage of a 2nd Run Same Day at HALF PRICE! (sorry, peak days not included).

Prices include all necessary equipment, shuttles, personal “how-to” instruction & river safety and insurance against damaged equipment. And of course, exceptional customer service!

2010 RATES

*Peak Days incur an additional \$2/person. These are limited capacity/high use days regulated by the U.S. Forest Service		Self-Guided Trips				
		Priced by Number of Rafters in your Group				
		99+	50-98	25-49	10-24	1-9
Rafting 8.5 Miles 2 – 2 ½ hrs. trip time 3 – 3 ½ hours total	Sunday – Friday	\$12- \$14	\$13- \$15	\$14- 16	\$15- \$17	\$16- \$18
	Saturday	\$14- \$16	\$15- \$17	\$16- \$18	\$17- \$19	\$18- \$20
<i>Privately Guided Trips available by advance reservation at an additional \$12 per person (\$50 Minimum per Guide) or Guide Assisted Trips available by advance reservation at an additional \$7 per person.</i>						
Individual Boat Pricing gives you 1 Full River Shuttle – or – All Day Tote & Float *Peak Days – Price gives you ½ Day Tote & Float Only						
Funyaks “Duckies”	Every Day	SOLO - \$27/person				
		High Performance SOLO - \$31/person				
		DOUBLE - \$21/person				
Soar Inflatable Canoes	Every Day	SOLO - \$30/person				
		TANDEM - \$25/person				
Sit-on-Tops Torrents	Every Day	\$35/person				

Shuttle requires a minimum of \$50 in combined boating charges – Regardless of any discounts (usually only applies during off-season)

- While **Reservations** are strongly suggested, walk-ins are always welcome. Calling ahead is a good idea to insure we are running trips that day. Your group’s reservation requires full payment or credit card commitment in advance. We do not charge the card unless on the day of the trip you prefer that form of payment or your full group does not show as reserved. ***Trips Go Rain or Shine. All reserved spots will be charged.***
- **Insurance** is included in pricing and covers damaged rafting equipment, not individual boats such as funyaks and torrents. Insurance DOES NOT COVER LOST EQUIPMENT.
- **Payment Methods**: We accept Cash, Visa, and Mastercard.
- **Cancellation Policy**: 100% refund made if you cancel 14 days in advance, or we are forced to cancel due to river conditions. 50% refund made if you cancel 7 days in advance. No refund made if you cancel less than 7 days prior to your trip or “No Show” on the day of your trip.
- **Restrictions**: The U.S. Forest Service requires rafters to be at least 60 pounds or 7 years of age. No alcoholic beverages or under the influence rafters will be allowed on the river. Our commercial life jackets fit up to a 52” girth.

*Peak Days: 7/24, 7/31, 8/7, 8/14, 8/21, 8/28, 9/4, 9/5

CANCELLATION POLICY

To hold your reservation that is more than 14 days out, we must receive a credit card commitment or a 50% deposit. We do accept cash, check (if previously ok'd by owners, Steven or Sue), MasterCard or Visa. Reservations made less than 14 days prior to your trip must be held using a credit card. If fewer people show up on the trip date than reserved spots, NO REFUNDS OR ALLOWANCES WILL BE MADE. All reserved spots will be charged.

Cancellations up to 14 days prior to trip date - 100% Refund

Cancellations 7-13 days prior to trip date - 50% Refund

Cancellations less than 7 days prior to trip date - No Refund

If you have any questions or concerns regarding our cancellation policies or any other matter, please call us. We are always happy to help!

Nantahala Riverside, Inc. operates under a permit by the United States Forest Service and is an equal opportunity employer.



Whitewater Rafting on the Nantahala River



**DON'T MISS THE FUN!!!
SIGN UP NOW**

TRIP DATE: _____ TIME: _____

COST PER PERSON: _____ MONEY DUE DATE: _____

	<u>NAME</u>	<u>PHONE</u>	<u>PAID</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
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20.	_____	_____	_____
21.	_____	_____	_____
22.	_____	_____	_____
23.	_____	_____	_____
24.	_____	_____	_____
25.	_____	_____	_____

ADVENTUROUS FAST RIVERS RAFTING COMPANY (AFRR)

RELEASE OF LIABILITY – READ BEFORE SIGNING

In consideration of being allowed to participate in any way in the Nantahala Riverside, Inc. dba Adventurous Fast Rivers Rafting program, its related events and activities, I, the participant, _____, the undersigned, acknowledge, appreciate, and agree that:

- 1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Adventurous Fast Rivers Rafting immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS Nantahala Riverside, Inc., their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors or premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property associated with my presence or participation, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I understand all equipment is my responsibility to return intact to AFRR staff and if retrieval of equipment or anyone in my party is required by AFRR staff a retrieval fee may be charged based on time and equipment required (\$25.00 minimum). Insurance is included against damaged equipment, not lost or stolen equipment. In the event any equipment gets lost or stolen; payment will be required for complete replacement. I authorize the use of all photos taken of myself or of our group for any type of promotional advertising.

- (A) Once your life preserver is personally fitted to you before the trip begins, you MUST wear it with all buckles securely fastened at all time while on the river. (B) Wear proper shoes. Sandals without a strap around your heel, flip-flops, and slick sole shoes are not appropriate. You are more inclined to slip and fall or twist an ankle if you are wearing inappropriate footwear (or no shoes at all!). You need to wear a fairly sturdy, secure shoe with some tread to prevent from slipping. (C) Sit only in proper places on the craft as indicated in your safety instruction. NEVER DRAG crafts as this will cause wear and damage. (D) Do not participate in this whitewater trip if you are under the influence of alcohol or "drugs". They impair your judgment and coordination, thus jeopardizing your safety and the safety of others. AFRR prohibits harmful conduct or interference of any kind with safety and reserves the right to remove any individual from a trip, with no refund, if these policies are not followed.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OR RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant's Signature _____ Age _____ Date Signed _____
City _____ State _____ Phone Number (_____) _____ - _____

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (under age 18 at time of signing)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law. I also understand and agree that my child is at least 60 pounds or at least 7 years of age.

Parent/Guardian's Signature _____ Parent/Guardian's Printed Name _____ Date Signed _____